

*I Debunk the  
Junk Science*

*I Support ACSH*

# Top 10 Unfounded Health Scares of 2007

1. Trans Fats Are a Major Cause of Heart Disease
2. Benzene in Soft Drinks Causes Cancer
3. High Fructose Corn Syrup Triggers Obesity
4. Mercury in Tuna Threatens Health of Women and Babies
5. Nitrosamines in Bacon Cause Bladder Cancer
6. Teflon Contains a Cancer-Causing Chemical
7. Grilled Chicken Contains Dangerous Levels of Carcinogens
8. Meat Packaging Process Poses Risk to Consumers' Health
9. Cosmetics Will Give You Cancer
10. Traces of Chemicals in Plastic Pacifiers, Rubber Duckies, and Car Seats Pose a Cancer Risk to Babies

**FALSE!**

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peer-reviewed reports visit [ACSH.org](http://ACSH.org)

