

Your Guide To Burning Off a Paczki on Fat Tuesday



By Ana-Marija Dolaskie — February 27, 2017

It's Fat Tuesday. So, you had a paczki (or multiple paczki). After all, who are you to insult the Polish community on this delicious holiday? It's no secret paczki pack a lot of calories and fat. So what's the best way to burn one off?

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Source URL: <https://www.acsh.org/news/2017/02/27/your-guide-burning-paczki-fat-tuesday-10914>