

Step Aside Tap Water: There's A New H₂O Player In Town



By Ana-Marija Dolaskie — May 2, 2017

The latest fad in health and wellness comes in the form of pricey water: Hydrogen water. What is it you ask? It's simply water, with a little boost of hydrogen. What does it do for the body? According to proponents, anywhere from energy boost and mood improvement, to... wait for it... cancer prevention!

Yeah, we had to step in.

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