

Chemicals Are Life; How Is NYT's Nicholas Kristof Avoiding Them?



By Ana-Marija Dolaskie — March 1, 2018

NYT's Nicholas Kristof sure knows how to live harder, not smarter. He's been avoiding chemicals and living clean — as he puts it — for several years. And yet, the results from an at-home detox kit that tested his urine for chemical exposure came back less than stellar.

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Source URL: <https://www.acsh.org/news/2018/03/01/chemicals-are-life-how-nyts-nicholas-kristof-avoiding-them-12646>