Today is Fat Tuesday, which means the Christian celebration of Lent is about to begin. Apparently, it also means that ACSH is in the media answering tough science questions!

1) WXYZ [2], the Detroit ABC affiliate, cited our work on how much exercise you must do to burn off the calories from a donut. On Fat Tuesday, many people celebrate by devouring donuts, also called "p?czki" (pronounced "pawnch-key") on this day. (P?czki is the Polish word for "donuts." Interestingly, in Poland, this holiday is celebrated on the Thursday before Lent.) As Ana Dolaskie reported [3], to burn off those calories, you could run for 60 minutes, sing 35 songs in the shower, or chew gum for 63 hours.

2) Dr. Alex Berezow was cited by The Guardian [4] in an article about the pros and cons of vaping. Stanton Glantz, a UCSF professor and anti-vaping activist, has gone off the deep end in his opposition to vaping. He actually said that smokers who tried vaping would be better off sticking with cigarettes [5], a downright insane (not to mention dangerous) opinion that isn't backed by a shred of evidence. The Guardian quoted Dr. Berezow: "Unfortunately, Dr Glantz has become something of an ideologue. His (justifiable) animosity toward the tobacco industry has been turned
3) Dr. Josh Bloom was cited by The Daily Collegian [6] of Penn State in an article about how the U.S. should eliminate the penny. The author makes a good case, noting that it costs roughly two pennies (1.82 cents) to make a penny. Also, the author cited a statistic [7] provided by Dr. Bloom: Since 1982, "hauling around all the stupid useless pennies" has resulted in more than 107 million pounds of CO2 emissions.

4) An article written by Dr. Berezow was promoted on Twitter by Patrick Moore [8], a co-founder of Greenpeace who has since renounced his activist worldview and embraced tenets of ecomodernism. Dr. Berezow wrote a column [9] for the journal Science, which was initially accepted for publication and rejected at the last moment [10] (after two months of edits and nine revisions) because ACSH accepts money from corporations. Surprise, surprise, so does the journal Science [11]. Dr. Moore called out AAAS and Science for their hypocrisy.

5) The website Overlawyered [12] cited Dr. Chuck Dinerstein's article on the link between talc (baby) powder and ovarian cancer. Spoiler alert: There isn't one [13], which means Johnson & Johnson is getting hosed by trial lawyers.

6) Dr. Berezow was invited to discuss the coronavirus epidemic in a podcast and live web discussion by Geopolitical Futures [14] (GPF).
The website, which was founded by *New York Times* bestselling author George Friedman, features unique insights on geopolitical events across the globe. (Both the podcast and web discussion are paywalled.)

7) The [Heartland Institute](https://www.heartland.org/news-opinion/news/new-mexico-considers-a-fracking-moratorium) cited ACSH advisor Dr. Theodora Them in an article on fracking. Anti-fracking activists claim that the process harms public health, but that is simply not true. Dr. Them was quoted as saying, "[T]here have been no established human health impacts from fracking."

8) Finally, ACSH was mentioned by the website for [Yale Alumni](https://www.alumni.yale.edu/news/new-alumni-health-group-launches-envisionsfuture-medicine-kickoff-public-event).

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**Links**

[1] https://en.wikipedia.org/wiki/P%C4%85czki#/media/File:Polskie_p%C4%85czki.jpg
[8] https://twitter.com/EcoSenseNow/status/1229411193942573056