

Health Group Wants Teens to Know What Tobacco Companies Don't Disclose About the Dangers of Smoking

By ACSH Staff — January 8, 2004

The American Council on Science and Health releases...

Cigarettes: What the Warning Label Doesn't Tell You

Information Tobacco Companies Don't Want Teens to Know About the Dangers of Smoking

Young people need to know that smoking negatively affects virtually every part of the body. The American Council on Science and Health (ACSH) explains the extent to which smoking damages their health in a new teen oriented book, "[Cigarettes: What the Warning Label Doesn't Tell You](#)" [1]

The book describes what teens should understand about the extensive hazards of smoking. Some teens may know about lung cancer and emphysema, but most don't recognize the numerous other diseases and conditions smoking causes - from decreased physical fitness and fertility to an increased risk of respiratory infections, surgical complications, loss of vision, and multiple sclerosis. ACSH's book serves as an exhaustive guide offering clear, concise details of the medical consequences of cigarette smoking. The book has been reviewed by top physicians and scientists in the respective fields for the most up to date information on the adverse effects of smoking. And, it includes chapters on addiction, environmental tobacco smoke and tobacco products other than cigarettes.

According to ACSH president, Dr. Elizabeth Whelan: "It's a myth that everyone knows why smoking is bad for them. Americans, particularly teenagers, simply don't realize the extent to which smoking damages their health. That is why ACSH wrote this book: to provide young people with the information they need to empower themselves and their friends against the lure of tobacco."

"Cigarettes: What the Warning Label Doesn't Tell You" should be like a Driver's Ed manual for those considering whether to take up smoking," writes Justin Guarini, singer and 2002 finalist of the popular TV show "American Idol". He continues, "Someone has to stand up and tell teens about this."

For more information and to access an online-printer friendly version of the text, please visit <http://www.acsh.org/> [2]. Contact Jeff Stier (212-362-7944, ext.225 or stier@acsh.org) [3] to arrange media interviews or appearances.

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