

E-Mailed Health Warnings: Hoax or Fact?

By ACSH Staff — March 16, 2007

A March 16, 2007 [piece by Kathleen Doheny](#) [1] about e-mailed health rumors has some sound advice from ACSH's Jeff Stier:

"If the email is the only place you are seeing it [information about the hazard], there is a reason," says Jeff Stier, spokesman for the American Council on Science and Health, in New York. If you don't see or hear the same information on the nightly news, a mainstream newspaper, or a credible web site, be suspicious, he says.

And for some advice on how to avoid falling for everything you hear on TV and in newspapers as well, check out ACSH's [Good Stories, Bad Science: A Guide for Journalists to the Health Claims of "Consumer Activist" Groups](#) [2].

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Links

[1] <http://www.webmd.com/a-to-z-guides/features/emailed-health-warnings-hoax-or-fact>

[2] https://www.acsh.org/.../.../publications/pubID.1130/pub_detail.asp