

# AMA Agrees with ACSH

*By ACSH Staff — June 16, 2009*

At their annual meeting in Chicago on Monday, the American Medical Association echoed ACSH staffers assessment that there's no scientific evidence to justify the claims of anti-aging hormones, including the so-called bio-identicals touted by celebrity non-expert Suzanne Sommers.

This is a good thing for the AMA to recognize, says ACSH's Dr. Ruth Kava. I just hope it has an effect on public perception. These hormones are not just ineffective for their touted purpose, they can also be dangerous when used without medical direction.

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