

Continued popularity of tanning salons isn't so bright and sunny

By ACSH Staff — December 22, 2010

Eighteen percent of American women and 6.5 percent of American men use tanning beds, according to a survey of more than 2,800 whites by University of Minnesota researchers [reported](#) [1] in yesterday's *Los Angeles Times*. Most of those employing tanning beds said that they did not know that their use magnifies their risk of skin cancer.

In response, ACSH's Dr. Elizabeth Whelan emphatically observes: "People must be informed that ultraviolet rays are dangerous."

ACSH's Dr. Gilbert Ross adds, "Lying under a tanning lamp is especially hazardous during one's adolescent years." ACSH's Lana Spivak points to spray tanning and bronzing creams as safer alternatives.

COPYRIGHT © 1978-2016 BY THE AMERICAN COUNCIL ON SCIENCE AND HEALTH

Source URL: <https://www.acsh.org/news/2010/12/22/continued-popularity-of-tanning-salons-isnt-so-bright-and-sunny>

Links

[1] <http://www.latimes.com/health/boostershots/la-heb-tanning-beds-20101221,0,4319709.story?track=rss>