

# What is Gluten? ACSH answers Jimmy Kimmel's questions correctly

*By ACSH Staff — May 9, 2014*

Gluten-free diets are all the rage now, as we here at [ACSH have discussed](#) [1], but many of the people choosing this diet don't even know what gluten is. Jimmy Kimmel proves this point on a [recent episode of his show](#) [2]. Some of the answers will shock you.

In light of Jimmy Kimmel segment, we took the liberty of answering correctly his questions about gluten in this video.

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**Source URL:** <https://www.acsh.org/news/2014/05/09/gluten-acsh-answers-jimmy-kimmels-questions-correctly>  
**Links**

[1] <http://acsh.org/2013/11/suckers-diet-2188-avoid-gluten-especially-dont-know/>

[2] <https://www.youtube.com/watch?v=AdJFE1sp4Fw>