Dr. Fredrick J. Stare

Dr Fredrick J. Stare, a co-founder of the American Council on Science and Health, was born in 1910. He was one of the nation's foremost nutritionists, who contributed much to the field during his lifetime. Besides founding, and for many years chairing, the Department of Nutrition at the Harvard School of Public Health, Dr. Stare was extremely active in providing sound, scientifically-based nutrition information to the public. Author of numerous consumer-oriented books, and recipient of honors, awards, and achievements too plentiful to mention here, for almost a century Dr. Stare worked tirelessly in the service of public health and nutrition education until his health began to fail. His legacy and his efforts in promoting sound nutrition and public health information make him one of the most distinguished nutritionists of the 20th century.

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