We've all seen the commercials of those happy, thin women devouring a delicious chocolate bar without an ounce of guilt... Yeah, right! No woman looks that happy eating chocolate because all she can think about is the one hour she has to spend on the treadmill to work it off. But apparently, these women are happy because they're not eating real chocolate; they're eating aerated chocolate— a type of chocolate turned into a foam via the addition of gas bubbles. The candy bars are marketed as weight-conscious, but do they really live up to the hype?

As always, we'll let you be the judge!